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**St. Francis-St. Martin Parish** 46 Cathcart St. Phone: (519)433-8175 | **St. Justin Martyr Parish** 855 Jalna Blvd  
Phone: (519) 685-2795 | **St. Leopold Mandic Parish** 2889 Westminster Dr. Phone: (519) 681-8472  
Office Hours: Tuesday - Friday 9:00 AM - 4:00 PM | Emergency Priest Contact: (226) 234-8020

**Vision**

*To be a home for those seeking Christ, united in diversity, for the service of God.*

**Mission**

*Empowering the faithful for the service of God by calling each person forth to know and share their gifts in mutual service.*

**MASS SCHEDULE**

**Sunday**

8:30 AM - St. Justin Martyr  
9:00 AM - St. Francis-St. Martin **Eng**  
11:00 AM - St. Justin Martyr  
11:00 AM - St. Leopold Mandic **Cro**  
11:30 AM - St. Francis-St. Martin **Spa**  
4:00 PM - St. Justin Martyr

**Tuesday**

8:00 AM - St. Francis-St. Martin **Eng**  
6:30 PM - St. Justin Martyr

**Wednesday**

6:00 PM - St. Francis-St. Martin **Spa**  
6:30 PM - St. Justin Martyr

**Thursday**

12:00 noon - St. Justin Martyr  
6:00 PM - St. Francis-St. Martin **Spa**  
6:00 PM - St. Leopold Mandic **Cro**

**Friday**

8:00 AM - St. Justin Martyr  
6:00 PM - St. Francis-St. Martin **Spa**  
6:00 PM - St. Leopold Mandic **Cro**

**Saturday**

4:30 PM - St. Justin Martyr  
6:30 PM - St. Francis-St. Martin **Spa**

**NEW PARISHIONER**

Please take the time to register at either the Welcome Desk, online, or call one of the offices.

**FILIPINO  
COMMUNITY MASS**

Third Sunday of the month  
@ 5:30 PM beginning Oct. 19, 2025  
Contact: Marina Simonetta  
(519)933-9157

**ADORATION TIMES**

**Thursday**

5:00 PM - St. Francis-St. Martin **Spa**

**Friday**

8:30 AM - St. Justin Martyr

**CONFESSIONS**

**St. Leopold Mandic**

Thursday - 5:30 PM  
Friday - 5:30 PM

**St. Francis-St. Martin**

Wednesday - 5:30 PM  
Friday - 5:30 PM

**St. Justin Martyr**

Wednesday - 6:00 PM  
Saturday - 11:00 AM

**MARRIAGE**

Congratulations! We ask for a minimum of 12 months before the date you wish to begin our journey with you. Please make an appointment with one of the priests. We invite couples to attend a Marriage Preparation course recognized by the Diocese before the celebration of the sacrament.



**CONTACT US**

**Rev. Christopher Bourdeau**

**Pastor - Ext. 222**  
cbourdeau@dol.ca

**Rev. Paul Okoth Auma**  
**Associate Pastor - Ext. 224**  
pauma@dol.ca

**Rev. Jaison Perumaden Antony**  
**Associate Pastor - Ext. 223**  
jperumaden@dol.ca

**Mary-Catherine Bishop**  
**Pastoral Minister - SJM - Ext. 227**  
mcbishop@dol.ca

**Deacon Paul James**  
**Permanent Deacon**  
pjames@dol.ca

**Deacon Joe Manzara**  
**Permanent Deacon**  
jmanzara@dol.ca

**Michael Wojtak**  
**Business Manager**  
mwojtak@dol.ca

**Catherine Leach**  
Admin. Asst. - SJM

**Maira Colonia**  
Admin. Asst. - Sacraments

**Diana Sierra**  
Bookkeeper

**Suzette James**  
Custodian - SJM

**Luis Guillermo Ruiz**  
Custodian - SFM

**MESSAGE FROM OUR PASTOR, FR. CHRISTOPHER BOURDEAU  
THIRD SUNDAY OF LENT - SUNDAY, MARCH 8, 2026**

Today the Church celebrates the 1<sup>st</sup> of the Scrutiny's of the Elect. The "questioning" of the Elect is to have them go deeper in their self-reflection and commitment to receiving the Easter sacraments. Listen to some of the words of the rite (a prayer of exorcism): "God of power, you sent your Son to be our Saviour. Grant that these catechumens, who, like the woman of Samaria, thirst for living water, may turn to the Lord as they hear His word and acknowledge the sins and weaknesses that weigh them down. Protect them from vain reliance on self and defend them from the power of Satan. Free them from the spirit of deceit, so that, admitting the wrong they have done, they may attain purity of heart and advance on the way to salvation."

Please keep all the Elect and those who are candidates for full communion in your prayers.

We are given the beautiful Gospel of the Woman at the well. A foreigner, a Samaritan is brought into a living and conscious relation with Jesus through an encounter at a well. She, a Samaritan (an enemy of the Jews), is asked by Jesus for a drink – He thirsts not only for water but for her faith. During their dialogue, many truths are revealed, and she is slowly drawn closer to God. Then she becomes an evangelist telling others, "He told me everything I have ever done" and she brings many to Jesus. That's what we are called to do, to bring others to Christ.

Last year we had a series of talks on "Church Etiquette," how we conduct ourselves at Mass. For the most part it was accepted positively. I sense that a reminder may be in order (given in charity):

1. Coming late and leaving early – what does that say? We all sometimes run late, we are all faced at times when we must rush to an appointment, work, school, etc. I am not concerned about this. But when it is a regular occurrence, what does that say about our mindset as we rush away from the Table, from the community? Many people cannot come to weekday Mass because of family, work, age, etc. – this is understandable. So, the hour or more that they are able to spend in front of the Blessed Sacrament is precious to them. We all need some quiet, some "sacred time" with Jesus. At St. Justin Martyr there can be a lot of noise before Mass. Some is unavoidable but some can be tampered down. What is the major aim of coming to Mass? To Pray! Yes, we build community, but our main objective is to worship the living God. I find it disturbing when I am enveloped into the crowd when I am processing out. Unless it is an emergency, please do not leave until I have reached the narthex – the entrance to the church. Let us all strive to create a worshipping environment in the Church at Mass (and at all times!)
2. Clapping – we clap at entertainment / after a play / a concert / a touchdown at a football match / not worship. The talents of our wonderful choirs are given to God to lead us in worship, and they do a wonderful job at this. Please refrain from clapping after Mass. The Mass is the Last Supper – Calvary and the Empty tomb – not entertainment.
3. Receiving Holy Communion – You have two options. Standing or kneeling. On the tongue or on the hands. If on the tongue – please open your mouth, please do not make it difficult for the priest or extraordinary minister to place the host on your tongue. If you are receiving on the hand – use both hands – unless you have a cane or are unsteady of course.
4. We are asked to bow before we receive Holy Communion – place the sacred host in your mouth while still in front of the minister.
5. When coming into the Church there are holy water fonts. We sign ourselves with this holy water as a reminder of our baptism, of our membership in the body of Christ, and also as an act of purification as we enter the "temple" of God.
6. Before getting into our pew (again if it is physically possible and safe for us), we either bow to the altar or genuflect towards the tabernacle and the same when we leave the pew.

I give these "reminders" to you in a spirit of charity and not condemnation. I have been ruminating on this for a while – now I share my thoughts with you.

Peace and blessings, Fr. Christopher

**WOMEN'S LENTEN SILENT RETREAT-March 28-29, 2026 - Michaelite Fathers Retreat Centre, London**

This overnight retreat will include: Presentations, Prayer, Journaling & Silence; Pray & Paint - no experience necessary; Lectio and Visio Divina; Mass on Palm Sunday; 3 meals included - lunch, dinner & breakfast; single room occupancy. Cost: \$300 / person.

Led by Debbie Craven & Daniela Armenti, Spiritual Directors  
To register - email: danielaarmenti71@gmail.com or call: 519-852-8812

**TODAY'S READINGS**

Third Sunday of Lent

**1st Reading**

Exodus 17.3-7

**Responsorial Psalm**

Psalm 95

**2nd Reading**

Romans 5.1-2, 5-8

**Gospel** John 4.5-42

**POPE'S PRAYER**

**INTENTION - MARCH  
For disarmament  
and peace**

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

**SACRAMENTS**

If you are interested in getting information for any sacrament, please get in touch with **Mary Catherine, Pastoral Minister** at (519)685-2795 ext. 227 or via email at: [mcbishop@dol.ca](mailto:mcbishop@dol.ca)  
For more information visit our website: [londoncatholic.com](http://londoncatholic.com)



**Catholic Women's  
League of Canada  
St. Justin's Council**

Jamie Douglas  
519-668-0892

[Karl.douglas@sympatico.ca](mailto:Karl.douglas@sympatico.ca)  
New members welcome!



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Bradley Sullivan

(226)678-1334

[sullycanuck@hotmail.com](mailto:sullycanuck@hotmail.com)  
New members welcome!

## MASS INTENTIONS

### TUESDAY, MARCH 10, 2026 @ 6:30 PM

- |                                    |                  |
|------------------------------------|------------------|
| (+) Maria Ercidia Carranza         | Carranza Family  |
| (+) David Leach                    | C. F. Leach      |
| (+) Maria Caruana                  | Maria Caruana    |
| (+) Tony Laureano                  | Maria & Antonio  |
| (+) Henry & Marie Fournier         | Randall Fournier |
| (+) Martha Macrina & Clement Moris | Moris Family     |

### WEDNESDAY, MARCH 11, 2026 @ 6:30 PM

10:00 AM - Dearness Nursing Home Mass

- |                            |                        |
|----------------------------|------------------------|
| (+) Margaret Blair Gruggen | Colleen & John Gruggen |
| (+) Tony Laureano          | Family                 |
| (+) Michael Gonsalves      | Michelle Gonsalves     |
| (+) Andrew Lim             | Jaesan Yu              |

### THURSDAY, MARCH 12, 2026 @ 12:00 PM - CANCELLED

9:30 AM - Sir Arthur Carty School Mass

### FRIDAY, MARCH 13, 2026 @ 8:00 AM

- |                     |                     |
|---------------------|---------------------|
| (+) Olivine Maurais | Huguette Hasparanta |
| (+) Jose Baquiran   | Angelica Baquiran   |

## PRAYER REQUEST FOR DIOCESAN MINISTERS

Please pray for the following Diocesan Ministers:

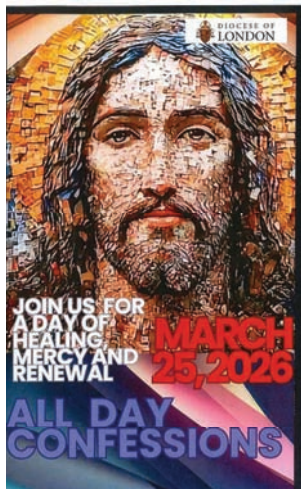
- Sunday, March 8 - Rev. Fred Howard-Smith
- Monday, March 9 - Deacon Andre Dedecker
- Tuesday, March 10 - Mrs. Betty Hompoth, Pastoral Minister
- Wednesday, March 11 - Deacon Victor Salazar
- Thursday, March 12 - Rev. Gerard Bedard
- Friday, March 13 - Deacon James VAndersanden
- Saturday, March 14 - Mrs. Ali Chinnick, Catechist



## OFFERTORY COLLECTION

Sunday Offertory amount for Feb. 28 and March 1, 2026 was \$7,760.55

**THANK YOU** so much for your generous donation!



SAVE THE DATE

## FISH FRY FRIDAY

Friday, March 13, 2026  
4:30 - 6:00 p.m.

St. Justin Martyr Parish  
Church Hall, 855 Jalna Blvd.  
(corner of Jalna & Ernest)  
Cost: \$20 (includes: full fish dinner or chicken fingers, baked potato or fries, coleslaw, bun, dessert, & beverage).  
"Take-out" orders are available.  
**Join us for a great meal!**



## WEEK AT A GLANCE

### Monday, March 9

- |         |  |
|---------|--|
| 1:00 PM | New Day Support Group (Hall)                   |
| 7:30 PM | Co-ed Alcoholics Anonymous (Fred Merrill room) |

### Tuesday, March 10

- |         |  |
|---------|--|
| 6:00 PM | First Confessions at St. Francis-St. Martin Parish |
|---------|--|

### Wednesday, March 11

- |          |   |
|----------|---|
| 9:30 AM  | St. Anthony School Mass at School                     |
| 10:00 AM | Dearness Nursing Home Mass                            |
| 2:00 PM  | Catechism Course (Hall)                               |
| 5:00 PM  | Soup & Stations (Hall)                                |
| 7:00 PM  | Consecration to St. Joseph (Hall)                     |
| 7:00 PM  | Knights of Columbus Exec. Meeting (Fred Merrill room) |
| 7:15 PM  | Eucharistic Ministers' Meeting (Church)               |

### Thursday, March 12

- |          |                                       |
|----------|---------------------------------------|
| 9:30 AM  | Sir Arthur Carty School Mass (Church) |
| 12:00 PM | Cancelled - Mass - Cancelled          |
| 6:00 PM  | RCIA (Hall)                           |

### Friday, March 13

- |         |                                       |
|---------|---------------------------------------|
| 4:30 PM | Knights of Columbus - Fish Fry (Hall) |
|---------|---------------------------------------|

### Saturday, March 14

- |         |                             |
|---------|-----------------------------|
| 3:30 PM | First Communion Prep (Hall) |
| 5:00 PM | Legion of Mary (Hall)       |



St. Justin Martyr Parish

## ALTAR SERVER TRAINING

Saturday, March 28<sup>th</sup>, 2026

1:00 pm - 2:30 pm

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[mcbishop@dol.ca](mailto:mcbishop@dol.ca)



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